Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals	Cereals	Cereals	Cereals	Cereals
Lunch	Tuna and Sweetcorn Pasta Bake with Green Beans	Sweet and Sour Chicken with Boiled Rice and Broccoli	Homemade Beefburger, Potato Wedges, Corn on the Cob with H/M Tomato Ketchup	Baked Fish in Cheese Sauce with Baby New Potatoes and Peas	Chilli Con Carne with Boiled Rice and a Medley of Vegetables
Pudding	Fresh Fruit Salad	Greek Yogurt, Granola and Honey Drizzle	Watermelon Wedges	Fruity Flapjack	H/M Chocolate Pot with Fresh Fruit Pieces
Tea	Bagels with Cream Cheese and Avocado	Pasta in a Homemade Tomato and Basil Sauce with Grated Parmesan and Olives	Assorted Toasted Wraps, Crudites and Dip	Homemade Sausage Roll with Cucumber and Pepper sticks	Cheese and Onion Pinwheels with Vegetable Sticks

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals	Cereals	Cereals	Cereals	Cereals
Lunch	Baked Macaroni Cheese with Cauliflower and Broccoli Florets	Chicken Korma with Fresh Spinach and Chick Peas with Basmati Rice	Minty Lamb Casserole with New Potatoes and Peas	Vegetable Pasta Bake with Broccoli	Italian Meatball and Orzo with Diced Carrot and Swede
Pudding	Melon and Blueberries	Strawberries and Banana Bowl	Greek Yogurt and Summerfruit Coulis	Homemade Mango, Greek Yogurt Ice Cream	Fresh Fruit Salad with Crème Fraiche
Tea	Selection of Sandwiches with Crudites and Homemade Garlic Mayo	Grated Cheese and Cucumber Wraps with Carrot and Pepper Batons	Homemade Pizza Puffs with Crudites	Toasted Crumpets with Baked Beans	Homemade Fish Finger Sandwich with H/M Ketchup and Cucumber Sticks

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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals	Cereals	Cereals	Cereals	Cereals
Lunch	Veggie Sausages and New Potatoes with Onion Gravy and Vegetable Medley	Homemade Fish Goujons, H/M Tartar Sauce, Potato Wedges and Peas	Vegetable Lasagne, Peas and Carrots with Garlic Bread	Parmesan Chicken Meatballs in a Creamy Spinach Sauce with Rice and Sweetcorn	Spaghetti Carbonara with Cauliflower and Broccoli Florets
Pudding	Carrot and Orange Muffin	Natural Yogurt with Granola and Honey Drizzle	Banana and Watermelon Wedges	Homemade Fruit Yogurt Ices	Homemade Banana and Oat Loaf
Tea	Pasta, Tomaro and Herb Sauce with Grated Cheese	Bagels, Cream Cheese, Cucumber and Cherry Tomatoes	Baked Beans with Cheese on Toast Fingers	Bakes Potatoes with Tuna and Sweetcorn	Cheese and Tomato Pinwheels with Vegetable Sticks
Week Four	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Breakfast	Cereals	Cereals	Cereals	Cereals	Cereals
Lunch	Poached Fish and Mini Roasted Potatoes and Homemade Parsley Sauce	Chicken Fettucini Alfredo with Broccoli Florets	Vegetable Curry with Basmati Rice with Naan Bread and Sweetcorn	One Pot Cheeseburger Casserole with Diced Carrot and Swede	BBQ Chicken Noodles and Green Veg Medley
Pudding	Greek Yogurt and Banana	Watermelon Wedges	Fruit Crumble and Greek Yogurt	Courgette Cake	Rice Pudding with Pureed Fruit
Tea	Savoury Scones with Baked Beans	Assortment of Sandwiches with Crudites	Cheesy Baked Potatoes with Veg Sticks	Selection of Wraps with Carrot and Pepper Sticks	French Toast with Baked Beans

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