Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fruit loaf and			Homemade bread	Vegetable Sticks and
	cheese	Rice cakes and Fruit	Buttered Crumpets	with Jam	Dips
					Homemade Fish
Lunch				Chicken Fettuccine	Goujons served with
				Alfredo served with	Skin on Potato
	Homemade Mac		Fresh Vegetable	Broccoli, Green	Wedges,
	and Cheese served	Chicken	Lasagne served	Beans and	Homemade Tartar
	with a medley of	Biryani served with	with Homemade	Homemade Focaccia	Sauce and Peas and
	fresh vegetables	Rice and a Chapati	Garlic Bread	Bread	Sweetcorn
Pudding				Beetroot and	
				Chocolate Loaf	Homemade Rice
	Fresh Fruit Salad	Watermelon Fruit	Natural Yogurt with	served with Crème	Pudding with Mango
	with Cream	Pizza	Fresh Fruit	Fraiche	Chunks
Tea	Homemade Fish		Build your own		
	Finger Sandwiches	Jacket Potato with	Butties with a	Hot Baguettes with a	
	with Salad	Baked Beans	selection of fillings	variety of fillings	Tuna Pasta Bake

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Buttered	Fruit loaf and	Rice cakes and	Vegetable Sticks and	Homemade bread
	Crumpets	cheese	Fruit	Dips	with Jam
Lunch				Plant Based Chilli	
	Fish Pie served	Beef Brisket Ragu		Con Carne served	Pulled Pork* Salad
	with Julienne	served on a bed of	Chicken Fajita	with Rice and	Tacos served with a
	Carrots and	Tagliatelle and Fresh	Wraps stuffed with	Homemade Garlic	Homemade Salsa
	Broccoli	Spinach	Salad and Cheese	Flatbreads	and Guacamole Dip
Pudding		Fresh Fruit			
	Natural Yogurt with	Kebabs sprinkled	Apple and Carrot	Oaty Fruit Crumble	
	Granola	with Chia Seeds	Muffins	with Yogurt	Oaty Berry Flapjack
Tea				Tomato and	
	Little Explorers	Mini Frittata served		Vegetable Pasta	Build your own
	Pizzas with a	with Skin on Potato	Baked Beans on	served with a	Butties with a
	variety of Toppings	Fries	Sourdough Toast	sprinkling of Cheese	selection of fillings

<sup>\*</sup>An alternative meat will be provided Fresh Fruit is available to our children all day





Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Rice cakes and		Homemade bread		Vegetable Sticks and
	Fruit	Fruit loaf and cheese	with Jam	<b>Buttered Crumpets</b>	Dips
Lunch		Homemade Fish	Chicken Fettuccine		
		Goujons served with	Alfredo served with		
	Fresh Vegetable	Skin on Potato	Broccoli, Green	Homemade Mac	
	Lasagne served	Wedges, Homemade	Beans and	and Cheese served	Chicken Biryani served
	with Homemade	Tartar Sauce and	Homemade	with a medley of	with Rice and a
	Garlic Bread	Peas and Sweetcorn	Focaccia Bread	fresh vegetables	Chapati
Pudding		Homemade Rice			Beetroot and
	Natural Yogurt with	Pudding with Mango	Watermelon Fruit	Fresh Fruit Salad	Chocolate Loaf served
	Fresh Fruit	Chunks	Pizza	with Cream	with Crème Fraiche
Tea	Build your own			Homemade Fish	Jacket Potato with a
	Butties with a		Hot Baguettes with	Finger Sandwiches	selection of fillings
	selection of fillings	Tuna Pasta Bake	a variety of fillings	with Salad	available

Week Four	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Vegetable Sticks	Homemade bread	Rice cakes and		Fruit loaf and
	and Dips	with Jam	Fruit	Buttered Crumpets	cheese
	Plant Based Chilli				
	Con Carne served	Pulled Pork* Salad			Beef Brisket Ragu
Lunch	with Rice and	Tacos served with a	Fish Pie served with	Chicken Fajita Wraps	served on a bed of
	Homemade Garlic	Homemade Salsa	Julienne Carrots	stuffed with Salad	Tagliatelle and Fresh
	Flatbreads	and Guacamole Dip	and Broccoli	and Cheese	Spinach
					Fresh Fruit
Pudding	Apple and Carrot		Natural Yoghurt	Oaty Fruit Crumble	Kebabs sprinkled
	Muffins	Oaty Berry Flapjack	with Granola	with Yogurt	with Chia Seeds
	Tomato and				
	Vegetable Pasta				
Tea	served with a	Build your own	Little Explorers		Mini Frittata served
	sprinkling of	Butties with a	Pizzas with a	Baked Beans on	with Skin on Potato
	Cheese	selection of fillings	variety of Toppings	Sourdough Toast	Fries

<sup>\*</sup>An alternative meat will be provided Fresh Fruit is available to our children all day



